

FAMILY HISTORY

	Age	State of health	If dead age at time	Cause of death
130. Father				
131. Mother				
132. Wife/husband?				
133. Brothers				
134. Sisters				
135. Children				

	NO	YES	NOTES (to be completed by the Diving Medical Officer. If any abnormal findings are made, please provide full notes on the facing page. If further space is required please attach additional sheets.)
HAS ANY DIRECT RELATION EVER HAD:			
136. Diabetes mellitus (sugar sickness)?			
137. Cancer?			
138. Heart disease?			
139. Asthma or hay fever?			
140. Epilepsy?			
141. Mental illness?			
142. Haemorrhagic disease (bleeding problems)?			

I certify that the above information is true and complete to the best of my knowledge.

SIGNATURE OF DIVER / PROSPECTIVE DIVER

DATE

MEDICAL EXAMINATION (to be completed by Diving Medical Examiner)

143. Mass (kg) (undressed)	144. Height (cm) (bare feet)	145. Measurement of chest and abdomen (in cm)			146. Eye colour	147. Hair colour	148. Body build	
		a. Inspiration	b. Expiration	c. Abdomen			Endomorph	
							Ectomorph	
149. (a) Pulse rate (resting) /min		150. Blood Pressure (Lying down, at rest)		151. Blood Pressure (Lying, after 20 min rest; if 150 ABN)	152. Urine Examination		NORMAL	
							ABNORMAL	
149. (b) Pules rate (after 20 knee bends) /min		SYSTOLIC mmHg		SYSTOLIC mmHg	(a) Blood	(b) Glucose	(c) Protein	
149. (c) Pules rate (60 sec after exercise) /min		DIASTOLIC mmHg		DIASTOLIC mmHg	(d) Test used (trade name)			

153 - 178. SYSTEMATIC GENERAL EXAMINATION: If any abnormal findings are made, please provide full notes on the facing page. If further space is required please attach additional sheets. Attach copies of all special test results or reports to this form.

	NAD	ABN		NAD	ABN
153. Head, neck, face and scalp.			166. Anus and rectum (rectal examination if indicated)		
154. Nose, septum and airways			167. Endocrine system		
155. Sinuses			168. Genito-urinary system		
156. Mouth and throat (including teeth)			169. Upper limbs		
157. Speech			170. Spine		
158. Hearing (see audiogram)			171. Lower limbs		
159. Ear canals (incl. exostoses, otitis externa etc.)			172. Feet (including signs of any infections)		
160. Eardrums (perforations, valsalva)			173. Skin		
161. Eyes, (see visual system examination)			174. Lymphatic system		
162. Chest and lungs (including breasts)			175. Identifying body marks, scars, tattoos etc.		
163. Heart (output, size, rhythm and sounds)			176. Neurological examination - sensory, motor and reflexes		
164. Vascular system, peripheral pulses.			177. Psychological evaluation / impression		
165. Abdomen			178. Any other problems and general impressions		